



# Women's Community Resource Fair

Wednesday, August 15  
10:00 AM – 3:00 PM

## Location:

Hype Athletics  
4635 Howe Rd  
Wayne, MI 48184

Come and join us as we share women's specialty resources in the community, discuss topics impacting women today, and engage in wellness activities. Free Children's Activities available as you explore booths, participate in activities and learn something new!



## Stop in and see:

- Michigan Rehabilitation Services
- Hegira Programs, Inc.
- Detroit Wayne Mental Health Authority
- Western Wayne Family Health Center
  - First Step
  - Safe Coalition
- Wayne Metropolitan Community Action Agency
- Northwest Wayne Family Against Narcotics (FAN)

## Event Topics:

Behavioral Health  
Domestic Violence  
Health and Wellness  
Trauma Care  
Stress Management

## Activities:

Kid's Corner  
Laughter Yoga  
Yoga  
Wellness/Nutrition  
Art Therapy